



You can rent equipment, so you can come empty-handed!



There are lessons, so beginners can feel at ease!



There are also a wide variety of activities, so anyone can enjoy themselves!

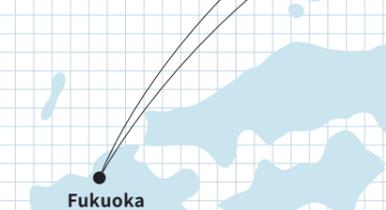
**WINTER RESORT IWATE**  
Iwate Winter Resort Council  
<https://winter-resort-iwate.com/>



Welcome to Iwate,  
the Kingdom of Snow

# WINTER RESORT IWATE

-  GETO KOGEN
-  たざわ湖 TAZAWAKO
-  雫石 SHIZUKUISHI
-  あみはりおんせん 網張温泉 AMIHARI ONSEN
-  八幡平リゾート ハチマンライゾート HACHIMANTAI RESORT
-  APPII Snow Mountain Resort

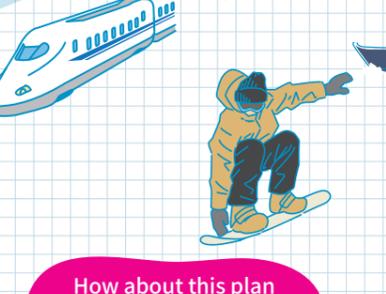


### What is Winter Resort Iwate?

Located in the northeastern part of Japan, Winter Resort Iwate encompasses six snow resorts in Iwate and Akita Prefectures. Known for its excellent snow quality, it is easily accessible with Shinkansen bullet trains from Tokyo and Sendai. Morioka, which garnered global attention as one of the '52 Places to Go in 2023' by The New York Times, and Hiraizumi, recognized as a World Heritage Site, are nearby, making it a place where you can enjoy both snow activities and sightseeing.

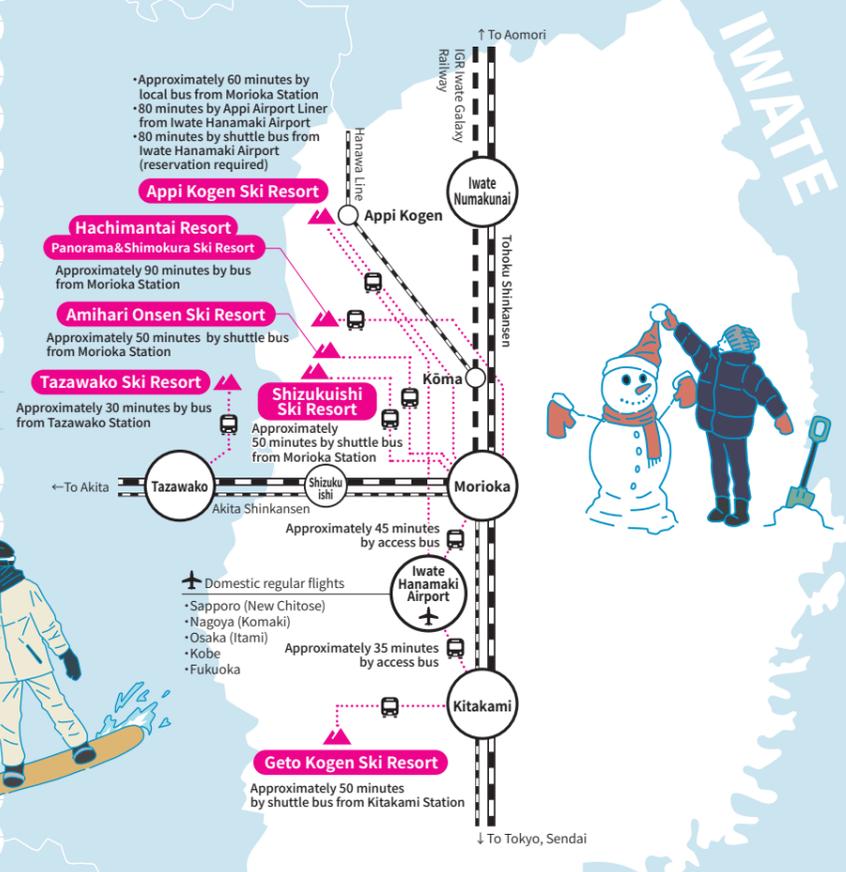
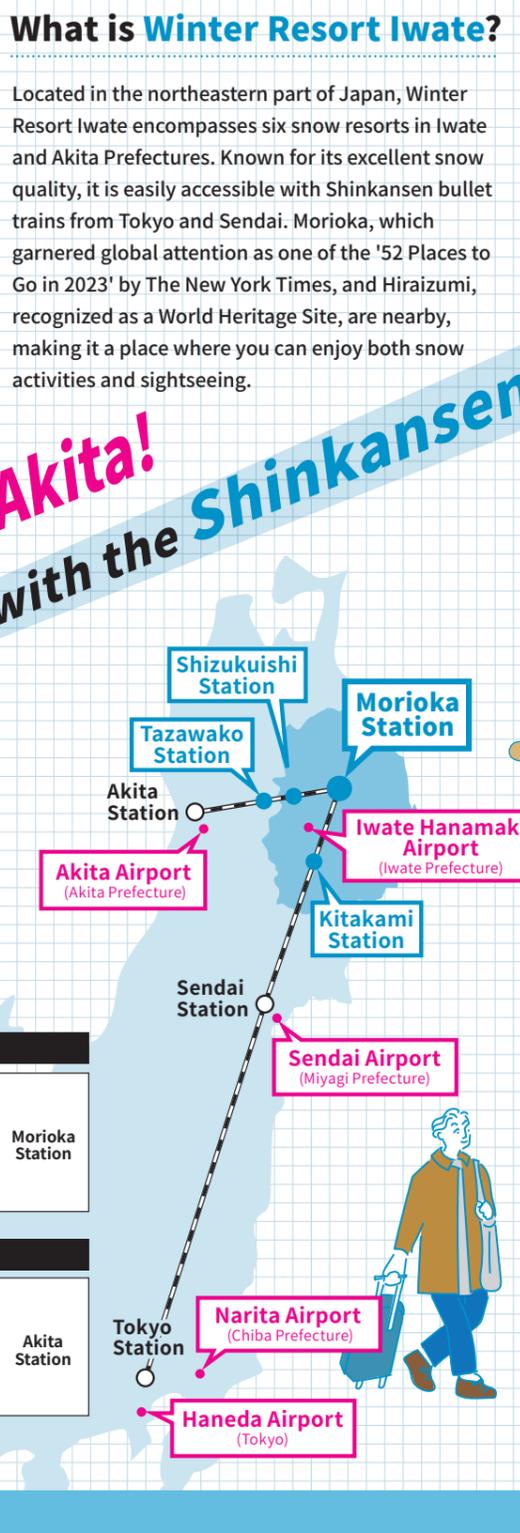
**Departing by plane to Hanamaki, Tokyo, Sendai, and Akita!**  
**Access to Morioka, Kitakami, Tazawako is easy with the Shinkansen!**

**The shortest travel time from Tokyo Station to Morioka Station is 2 hours and 10 minutes**



## Recommended travel plan

PLAN A	Easy-going enjoyment plan Enjoy both snow activities and sightseeing!				
Plan 1 Enjoy Morioka city	<b>[Evening]</b> Traveling from Tokyo to Morioka Arrive at Morioka and check in to a hotel in the city and have dinner	<b>[All day]</b> Enjoy Morioka city center "Enjoy the gem of Morioka" by touring traditional architecture, cafes, and strolling along the river."	<b>[Morning]</b> Check out of hotel in Morioka <b>[Afternoon]</b> Arrive at ski resort and check in Enjoy the winter resort!	<b>[All day]</b> Snow activities at the ski resort Enjoy skiing, snowboarding, and snowshoe trekking!	<b>[Daytime]</b> Move from the ski resort <b>[Evening]</b> Moving to Tokyo Station
	Day 1	Day 2	Day 3	Day 4	Day 5
Plan 2 Enjoy the southern area of the prefecture	<b>[Evening]</b> Arrive at Hanamaki or Sendai Airport and move to Hanamaki Onsenkyo Check into a hotel dotted around the hot spring resort. Enjoy a lavish dinner and a hot spring full of healing properties.	<b>[All day]</b> Sightseeing in the southern area of Iwate Hanamaki is also convenient for accessing neighboring areas such as Hiraizumi, a World Heritage Site, and Tono, a folklore village.	<b>[Morning]</b> Check out of hotel in Hanamaki <b>[Afternoon]</b> Arrive at ski resort and check in Enjoy the winter resort!	<b>[All day]</b> Snow activities at the ski resort Enjoy skiing, snowboarding, and snowshoe trekking!	<b>[Daytime]</b> Move from the ski resort <b>[Afternoon]</b> Shopping in Morioka or Hanamaki <b>[Evening]</b> To Hanamaki or Sendai airport
	Day 1	Day 2	Day 3	Day 4	Day 5



<b>Geto Kogen Ski Resort</b> TEL: 715 544 092*16 50 minutes from Kitakami Station (free shuttle bus available) 40 minutes from Kitakami Ezuri IC from Morioka 25 minutes from Kitakami West IC from Akita 30 minutes from Kitakami Kanagasaki IC from Sendai	<b>Lake Tazawa Ski Resort</b> TEL: 435 331 137*71 30 minutes from Tazawako Station 110 minutes from Akita Airport (shared taxi/reservation required) 60 minutes from Morioka IC 90 minutes from Kyowa IC
<b>Shizukuishi Ski Resort</b> TEL: 435 381 470*30 50 minutes from Morioka Station (free shuttle bus available/reservation required) 20 minutes from Shizukuishi Station (free shuttle bus available/reservation required) 70 minutes from Iwate Hanamaki Airport 30 minutes from Morioka IC	<b>Hachimantai Resort</b> TEL: 435 807 881*15 (Panorama Ski Resort) 435 833 148*61 (Shimokura Ski Resort) 90 minutes from Morioka Station 15 minutes from Matsuo Hachimantai IC
<b>Amihari Onsen Ski Resort</b> TEL: 435 562 203*87 50 minutes from Morioka Station (free shuttle bus available/reservation required) 40 minutes from Morioka IC 35 minutes from Takizawa IC 70 minutes from Iwate Hanamaki Airport	<b>Appi Kogen Ski Resort</b> TEL: 657 296 866*77 80 minutes from Iwate Hanamaki Airport 60 minutes from Morioka Station 210 minutes from Sendai Airport 20 minutes from Matsuo Hachimantai IC



# GETO KOGEN

## Geto Kogen Ski Resort

50 minutes by car from Kitakami Station

With one of the best snowfall and powder snow in Japan, the tree run area has expanded to 16 areas. It also has a wide range of facilities, including a huge food court and dormitories.

Services	Rentals	Activities	Lessons
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Course level	Beginner 30%	Intermediate 35%	Advanced 35%
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〒024-0322  
Iwasaki Shinden National Forest, Waga-cho, Kitakami-shi, Iwate-ken  
TEL.0197-65-9000  
[https://www.getokogen.com/winter/winter\\_en/index.html](https://www.getokogen.com/winter/winter_en/index.html)




--- Beginner course / --- Intermediate course / --- Advanced course (--- up to ungroomed) / --- Gondola / Lift / --- Tree run zone

Recommended accommodation Hotel-style accommodation directly connected to the slopes

### Premium stay Go

〒024-0322 Iwasaki Shinden National Forest, Waga-cho, Kitakami-shi, Iwate-ken  
TEL.0197-65-9005 | <https://japow.life/>



# あみ はり おん せん 網張温泉 AMIHARI ONSEN

## Amihari Onsen Ski Resort

50 minutes by shuttle bus from Morioka Station

The 3rd lift reaches the highest point among ski lift in the prefecture, and in the harsh winter, you can see frost-covered trees. Located in Towada-Hachimantai National Park, it is directly connected to the backcountry. After skiing, head to the hot springs that have a history of 1300 years.

Services	Rentals	Activities	Lessons
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Course level	Beginner 35%	Intermediate 50%	Advanced 15%
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〒020-0585  
14-3 Komatsukura, Nagayama, Shizukuishi-cho, Iwate-gun, Iwate Prefecture  
TEL.019-693-2211  
<https://www.qkamura.or.jp/iwate/ski/>

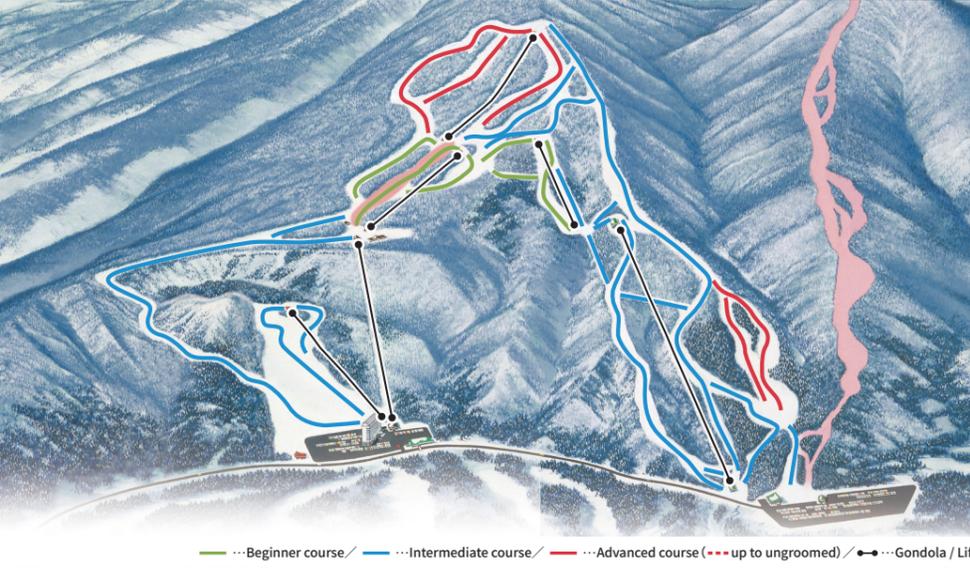



--- Beginner course / --- Intermediate course / --- Advanced course (--- up to ungroomed) / --- Gondola / Lift

Recommended accommodation About 1 minute walk from Amihari Onsen Ski Resort. A mountain resort with a 1300-year-old famous hot spring and spectacular views

### Kyukamura Iwate Amihari Onsen

Free shuttle service to the west exit of Morioka Station (reservations required by the day before)  
〒020-0585 14-3 Komatsukura, Nagayama, Shizukuishi-cho, Iwate-gun, Iwate Prefecture  
TEL.019-693-2211 | <https://www.qkamura.or.jp/iwate/>



--- Beginner course / --- Intermediate course / --- Advanced course (--- up to ungroomed) / --- Gondola / Lift

Recommended accommodation Hotel directly connected to the Shizukuishi Ski Resort slope

### Shizukuishi Prince Hotel

〒020-0593 Takakura Onsen, Shizukuishi-cho, Iwate-gun, Iwate Prefecture  
TEL.019-693-1114 | <https://www.princehotels.co.jp/shizukuishi/>



# 雫石 SHIZUKUISHI

## Shizukuishi Ski Resort

50 minutes by car from Morioka Station

Total Ski Distance: 15,699 meters, 20 courses in Total

The park area has been further expanded! Enjoy a 4,000-meter powder run with a CAT tour, or have fun at Snow Land with various snow activities!

This is truly the kingdom of snow fun!

Services	Rentals	Activities	Lessons
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Course level	Beginner 40%	Intermediate 40%	Advanced 20%
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〒020-0593  
Takakura Onsen, Shizukuishi-cho, Iwate-gun, Iwate Prefecture  
TEL.019-693-1111  
<https://www.princehotels.co.jp/ski/shizukuishi/winter/>




--- Beginner course / --- Intermediate course / --- Advanced course (--- up to ungroomed) / --- Gondola / Lift

Recommended accommodation About 15 minutes by car to Tazawako Ski Resort

### Nyuto Onsenkyo Tsurunoyu Onsen

〒014-1204 50 Sendatsuzawa National Forest, Tazawako, Senboku City, Akita Prefecture  
TEL.0187-46-2139 | <http://www.tsurunoyu.com/>



# たざわ湖 TAZAWAKO

## Tazawako Ski Resort

80 minutes by car from Morioka Station

A ski resort with a reputation for its wide variety of courses and views of Lake Tazawako from all courses. There are also plenty of activities for kids and winter sports beginners to enjoy. We also recommend the natural hot springs scattered around the area!

Services	Rentals	Activities	Lessons
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Course level	Beginner 40%	Intermediate 30%	Advanced 30%
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〒014-1201  
73-2 Shimotakano, Ihonai, Tazawako, Senboku City, Akita Prefecture  
TEL.0187-46-2011  
<https://www.tazawako-ski.com/>



# 八幡平リゾート

パノラマ & 下倉スキー場  
HACHIMANTAI RESORT

## Hachimantai Resort

(Panorama Ski Resort/Shimokura Ski Resort)

60 minutes by car from Morioka Station

All skiers and boarders can enjoy the Panorama Ski Resort, while Shimokura Ski Resort is attractive for its excellent snow quality and varied course layout. Enjoy the difference of both resorts, also shuttle bus between the resorts are available.

[Panorama Ski Resort]			[Shimokura Ski Resort]		
Services			Services		
Course level	Course level		Course level	Course level	
Beginner 70%	Intermediate 30%	Advanced 0%	Beginner 20%	Intermediate 50%	Advanced 30%

〒028-7302  
1-509-1 Matsuo Yoriki, Hachimantai City, Iwate Prefecture  
[Panorama Ski Resort] TEL.0195-78-2577  
[Shimokura Ski Resort] TEL.0195-78-3456  
<https://www.hachimantai.co.jp/winter/>



--- Beginner course / --- Intermediate course / --- Advanced course (--- up to ungroomed) / --- Gondola / Lift / --- Tree run zone

Recommended accommodation Directly connected to Panorama Ski Resort! Shimokura Ski Resort is about 10 minutes away by free shuttle bus!

## Hachimantai Mountain Hotel

〒028-7302 1-509-1 Matsuo Yoriki, Hachimantai City, Iwate Prefecture  
TEL.0195-78-4111 | <https://hachimantai-mountainhotel.com/>



# APPI

Snow Mountain Resort

## Appi Kogen Ski Resort

60 minutes by car from Morioka Station

21 courses in total, the largest scale of slopes in Japan. In 2022, 2023, it won the World Ski Awards "Japan's Best Ski Resort" award. Experience Japan's leading snow resort and the finest powder snow at Appi Kogen.

Services		
Course level	Course level	Course level
Beginner 40%	Intermediate 30%	Advanced 30%

〒028-7306  
Appi Kogen, Hachimantai City, Iwate Prefecture  
TEL.0570-029-5111  
<https://www.appi.co.jp/snow-mountain-resort/>



# Iwate is also fun to visit!

## If you start from Morioka Area...

Morioka, the largest city in Iwate Prefecture, was introduced second only to London in the 52 places to visit in 2023" announced by the New York Times. As described as a "gem of a city you can walk around," the cityscape, where nature and historical culture are in harmony, can be experienced even more charming by strolling around. "



### 1 Exploring photogenic historical buildings

Morioka's downtown area is dotted with historical buildings, including modern architecture such as the "Old Morioka Bank (now the Iwate Bank Red Brick Building)" built in 1911 by the same designer as Tokyo Station, a group of townhouses reminiscent of the streets of the Edo period, and the ruins of Morioka Castle, where beautiful stone walls still remain.

### 2 Find your favorite by visiting coffee shops

Morioka is a city with many coffee shops. As you walk through the city, you'll find quaint coffee shops here and there. Many of them roast their own coffee, and each has its own unique character, from traditional shops that have been loved for decades to modern cafes that are popular among young people.



### 3 Experience traditional crafts that are deeply rooted in daily life

When it comes to crafts that represent Iwate, "Nambu ironware" is the name. In particular, Nambu iron kettles are popular overseas as well, as "if you make tea with boiled water, it will taste mellow." "Homespun" is a woolen fabric that is spun by hand into thread and then woven by hand. It is characterized by a gentle, warm texture that is full of air.



### 4 Complete the "Three Great Noodles" Specialty of Morioka

Wankosoba is a bowl of soba noodles served in small portions that you keep eating until you are full. "Morioka Reimen" is a perfect combination of chewy noodles and soup with concentrated umami. "Morioka Jajamen" is wheat noodles mixed with a special meat miso. All of these are soul foods that continue to be loved by locals.



## If you're starting from the southern area of Iwate Prefecture...

The southern part of the prefecture starts from Hanamaki Airport. Iwate is dotted with historical and cultural attractions such as the World Heritage Site "Hiraizumi", the folklore village "Tono", and traditional performing arts such as the UNESCO Intangible Cultural Heritage "Hayachine Kagura". Another attraction is the large number of unique hot spring resorts such as "Hanamaki Onsenkyo".



### 1 You can also take a day trip to these unique hot springs!

Iwate is a treasure trove of hot springs. Among them, "Hanamaki Onsenkyo", which is easily accessible from Hanamaki Airport, is dotted with 12 hot springs and has a wide variety of accommodations, from traditional hot spring towns to modern hotels. There are many places where you can take a day trip to bathe, so you can enjoy "hot spring hopping".



### 2 Experience the golden culture of the World Heritage Site "Hiraizumi"

Iwate Prefecture has three World Heritage Sites, the most in Japan along with Nara and Kagoshima! One of them, "Hiraizumi," is about an hour's drive from Hanamaki Airport. In addition to the five constituent assets including the Golden Hall of Chusonji Temple, a symbol of the golden culture, important related assets are scattered throughout the prefecture.

Iwate Prefecture is full of tourist content, including ski resorts with good snow quality, hot springs, scenic spots, historical culture, and gourmet food. Visit the places that interest you and enjoy your trip to Iwate!